



#### Taipei Medical University -Shuang-Ho Campus Life Guide

The Shuang-Ho Campus is located in Zhonghe District, New Taipei City, near Shuang-Ho Hospital. With excellent living amenities, the Office of Student Affairs provides comprehensive information on: Food, Housing, Transportation, Recreation, Resources for studying, discussion, and event spaces...to help students make informed choices.

#### Food Guide – On-Campus

#### **Teaching & Research Building**



	TELEVERI DE LA CONTROL DE LA C
1F	統一超商-和醫三門市 7-ELEVEN He-Yi No. 3 Store (Shuang-Ho Hospital Area)
3F	美食生活廣場 (美得耐商場) Gourmet Food Plaza(Medlight Mall)

#### Food Guide – On-Campus

Teaching & Research Building – 3F Food Court









KNOCK'



### Food Guide – On-Campus

Teaching & Research Building – 3F Food Court











Knock Knock Cafe (online order only)

https://iding.tw/stores/f58c8880/menu

#### Food Guide - Hospital Area



第一、二醫療大樓間 1 F

On the 1st Floor, between the 1st and 2nd Medical Buildings



Dee's cafe

### Food Guide – Hospital Area



Within Shuang-Ho Hospital1st Medical Building B1 – Medlight Shopping Area				
1	Four Seasons Fruit Shop	10	Shang Yang Laundry	
2	UP Supplement Expert	11	OEC Clam Noodles, Rice & Porridge	
3	Anshu Odor-Control Functional Socks	12	Shinyeshima Japanese Cuisine	
4	Puji Handmade Buns	13	CAMA CAFE	
5	USTINI Comfort Shoes	14	Qi-Fu Buffet	
6	Wellcare Pharmacy	15	Red Bean Pastry Stall	
7	7-ELEVEN	16	Chun Fun How Drinks	
8	Ah-Chung Taiwanese Snacks	17	MOS Burger	
9	Four Seasons Bento	18	Sunmerry Bakery	

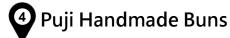
#### Food Guide – Hospital Area

Within Shuang-Ho Hospital

1st Medical Building B1 – Medlight Shopping Area

















#### OEC Clam Noodles, Rice & Porridge



#### Shinyeshima Japanese Cuisine



#### Food Guide – Hospital Area

Within Shuang-Ho Hospital

1st Medical Building B1 – Medlight Shopping Area





100% 80% 50% 30% 0% 総度最高 全額 少額 年額 放射 無数 水電量表 全冰 少冰 年冰 微冰 去冰



Front Zone Dining (Outside Hospital Area)



1	Song Shui Jing Café	11	Kou Fu Buffet	
2	Good Morning MACC	12	Liang She Han Buy Good	
3	Qingyuan Noodle House	13	MWD (My Warm Day)	
4	RURU Taiwanese Braised Dish (Lu Wei)	14	EAST Side WEST	
5	Fu Xiang Vegetarian Bakery	15	O'ways Cafe	
6	Yulai Xuan Traditional Goose Meat	16	Yan Yan Mini Hot Pot	
7	Shun Xing Buffet	17	Yi De Noodle House	
8	Bafang Dumpling	18	Louisa Coffee (TMU discount)	
9	Chan Juan Vegetarian Buffet	19	Tian Ye Bakery	
10	Shuan Bar Hot Pot	20	PIZZA HUT	

#### Rear Zone Dining (Outside Hospital Area)



1	Sanhe Nanyang Cuisine	16	Yuantong Braised Noodles
2	Le Jian House	17	Dongfang Beauty
3	Fried Boss	18	Lulu Braised House
4	Shuang-He Soy Milk	19	Jiaxin Traditional Tofu Pudding
5	Sanyuehao Mixed Dry Noodles	20	Huama Dumplings & Wontons
6	Fresh Rice Deli	21	Early Duck Breakfast & Late Night Bites
7	Yuandao Congee & Hotpot Noodles	22	Shiguang Restaurant
8	Ah-Q Tempura	23	Long Story Spring Roll
9	First Meal Café	24	Tainan Shrimp Thick Soup
10	Niu Lao Er Beef Noodles	25	Yuan Rice Ball (Yuantong Branch)
11	August Bistro	26	Feida Breakfast
12	Yuantong Steak	27	305 Breakfast King (Zhonghe Yuantong)
13	Tiantang Premium Beef Noodles	28	Ganshao Gourmet Bento
14	Wang Ji Hong Kong Dim Sum	29	Jikeji Breakfast Bar
15	Spicy Duck Blood & Stinky Tofu Vermicelli	30	Black Bull Steak

# Daily Life Guide



#### Yuantong Road Living Area

(Around the Shuang-Ho Campus)





Daily Supplies & General Goods



Convenience Stores & Supermarkets

- 1. XiaoBei Department Store (300m/4min) 2. Chunghwa Post (350m/5min)
- 3. Hongchang Hardware Store (300m/4min)
- 4. Xiang Sheng Print & Copy Center (550m/7min)
- 5. Simple Mart (300m/4min) 6. Carrefour (250m/3min)
  - 7. FamilyMart
  - 8. 7-ELEVEN



Leisure, Entertainment & Sports

- 9. Xinqiao-Fu Bowling Alley ( 400m/5min )
- 10. Jinhe Sports Park ( 900m/12min )
- 11. Zhonghe Civil Sports Center (900m/12min)
- 12. Shuang-Ho Campus Gym

### Shuang-Ho Dormitory Section

### Student Dormitory @ 13F, Teaching and Research Building

- Room Configuration :
   24 Four-person Suites ; 2 Three-person Accessible Rooms.
- Total: 102 Beds(This is a gender-friendly dormitory: male and female students live on the same floor but in separate rooms.)
- Fee Standards : NT\$15,000 per semester
- Summer stay: NT\$3,000 per month
- Facilities Overview
- Shared Equipment: Lighting \( \cdot \) Furniture
- Shared Appliances: Television · Water dispenser · Refrigerator · Microwave oven
- Air Conditioning: Control panel in each room
- In-Room & Bathroom Facilities: Standard installed furnishings
- Pantry Area: Equipped with basic furniture and appliances

#### **Floor Overview**





# Shuang-Ho Dormitory Section

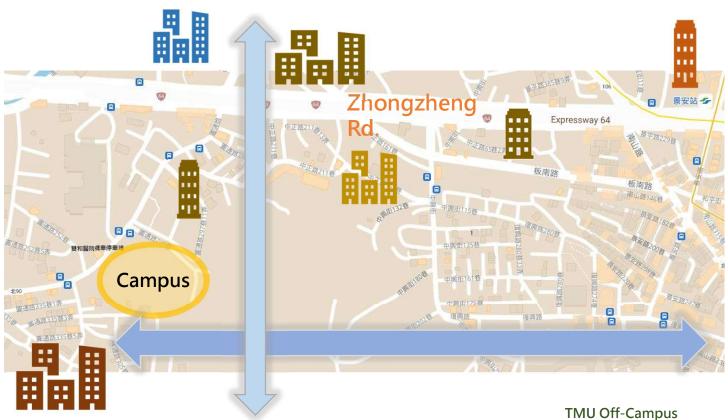
Student Rooms





accessible room

#### **Off-Campus Housing Section**



Off-Campus Rental Housing

Rental Consultation Service

> **Campus Safety** Center Tel: 02-2736-

1100



#### **Nearby Rental Hotspots:**

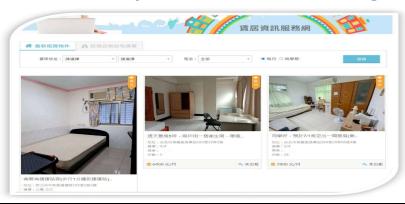
Yuantong Road, Zhongzheng Road

**MRT Jingan Station Area** 

Nanshijiao District

#### **TMU Off-Campus Housing Support**

- **☑** Safe rental listings
- ✓ Assistance in rental disputes
- On-site visits to assess housing safety
- ✓ Rental safety information & related regulations



Housing Info Website



#### **Counseling & Support Services**

# The Student Counseling Center is here for you!

Whether you're feeling down or overwhelmed by challenges and pressure from life or study—we are your strong and steady support.

#### Academic & Life Support

Feeling low? Under pressure? Thinking about taking a leave? We offer emotional support and help you clarify your direction.

## Resource Classroom & Special Education Services

We provide support for special needs certification, personalized learning accommodations, counseling, and educational transition planning.

#### Support. Crisis Response Support

In urgent situations such as sexual harassment, domestic violence, or self-harm, we provide immediate assistance and ensure your safety.

# Special Needs Support (Psychological Leave / Pregnancy & Parenting)

Whether you're applying for psychological leave (up to 5 days per semester), or need accommodations during pregnancy or parenting, we're here to support you with care and stability.

### Cocation: 4F, Teaching & Research Building – Student Counseling Center

Scan the QR Code to apply for counseling online 🕞



#### **External Counseling Resources**

Institution Phone Number
Ministry of Health & Welfare Shuang-Ho Hospital (02)2249-0088
Wellbeing Clinic (02)2242-2510
Metamorphosis Counseling Center 0968-070-620
New Taipei Community Mental Health Center (Zhonghe) (02)8245-1225
iamkh house Counseling Center (Bangiao) 0906-843-319

# Physical & Mental Health Services

#### Health Center @ 4F, Teaching & Research Building

Purpose: To provide care for students at the Shuang-Ho Campus in case of sudden illness or discomfort.

Services include temporary rest, basic wound care, and first aid. Facilities:

Beds (for temporary rest or observation)

Basic first aid equipment (first aid kit, blood pressure monitor, thermometer, etc.)

Medical supplies (bandages, disinfectants, pain relievers, etc.)

Contact Info: Tel: 02-6620-2589 ext. 10463 health@tmu.edu.tw





#### **AED Devices (Automated External Defibrillators)**

### 4F Lobby, Teaching & Research Building





9F Elevator Lobby, Biomedical Science & Technology Building





# Physical & Mental Health Services

Nursing Room @ 4F, Biomedical Science & Technology Building

Technology Building
Purpose: To provide a private and comfortable space for mothers who need to breastfeed or pump during lactation.

- Facilities:
- Comfortable seating (e.g., sofa with armrests)
- Privacy curtains for personal space
- Electrical outlets (for breast pumps)
- Sink
- Water dispenser & refrigerator
- Trash bin and sanitizing supplies

How to Access: Please register at the Health Center to request access permission before use.









# Physical & Mental Health Services

Muslim Prayer Room @ 4F, Biomedical Science & Technology Building

Purpose: To provide a quiet and respectful space for

Muslim students and staff to perform daily prayers.

**Facilities:** 

Prayer direction aligned with Mecca (Qibla)

Ablution facilities for ritual cleansing

Prayer rugs, Qur' an, and prayer guides available









# Self-Study Spaces

### Teaching & Research Building

7F-Sh	7F-Shuang-Ho Library Reading Area		
Seats	86 (including 11 computer stations)		
Hours	Mon-Fri: 08:30-22:00 Sat & Sun: 08:30-17:00 (Extended to 22:00 during exam periods)		
Contact	02-6620-2589 ext.10799		











Seats	17
Hours	Mon–Fri: 08:00–17:00 Sat & Sun: Closed (Located near classrooms and faculty offices. Silence is required.)
Contact	02-2249-0088 ext.10502



Biomedical Science & Technology Building



	7F – Room 9704			
	Seats	80		
	Hours	Mon-Fri: 18:00-22:00 Sat & Sun: 08:30-17:00 (During winter/summer break: Mon-Fri 08:30-22:00)		
I IN S. III	Contact	02-6620-2589 ext.10441		

# **Discussion** Spaces

### Teaching & Research Building

3F – Food Court Seating Area		
Seats	116	
Hour s	Mon-Fri: 07:30-18:30 Sat & Sun: Closed	
Contac t	02-2249-0088 ext. 68214	





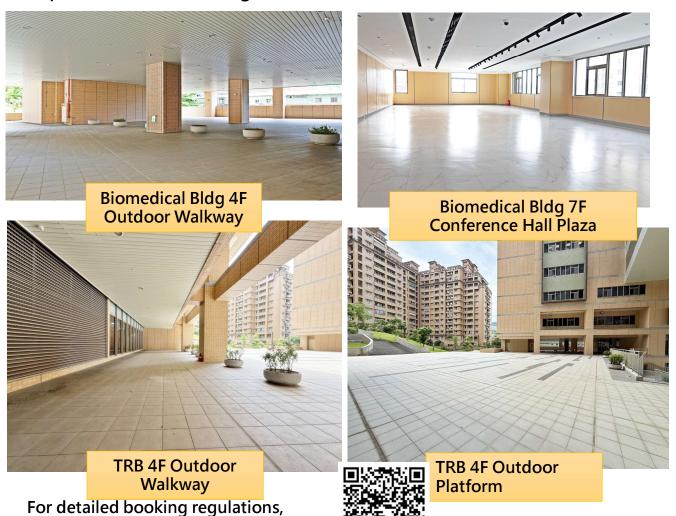
Biomedical Science & Technology Building

7F – Corridors on Both	
Sides of Hu Shui-Wang H	all

Seats	64
Hours	Mon–Fri: 07:30–18:30 Sat & Sun: Closed
	02-2249-0088 ext. 68214

Building	Floor	Location Name	Booking Method	System Booking Time
Teaching & Research Bldg	4F	Lobby Area A	Online System	12:00-13:00 17:00-20:00
Biomedical Bldg	7F	Plaza in Front of International Conference Hall	Online System	12:00-13:00 17:00-20:00
	4F	TRB Outdoor Walkway (Chuan-Tang)	Online System	08:00-20:00
		Biomedical Walkway A	Online System	08:00-20:00
Outdoor Plaza		Biomedical Walkway B	Online System	08:00-20:00
		Biomedical Walkway C	Online System	08:00-20:00
		Biomedical Walkway D	Online System	08:00-20:00
Outdoor Plaza	4F	Outdoor Platform	Paper Form Only	08:00-20:00

All spaces are free of charge for student clubs and class activities.



please refer to the online booking system or click the link provided.

All spaces are free of charge for student clubs and class activities.

Building	Floor	Location Name	Booking Method
Teaching & Research Bldg	8F	Lobby beside Room 1801	Paper Form
	75	Right-side Hallway (facing Yuantong Road)	Paper Form
	7F	Left-side Hallway (facing Sen-Zhi-Jun complex)	Paper Form
	8F	VIP Lounge 1 (backstage of the International Conference Hall)	Paper Form
Corridor		VIP Lounge 2 (backstage of the International Conference Hall)	Paper Form
		Interpretation Booth 1 (inside control room)	Paper Form
		Interpretation Booth 2 (inside control room)	Paper Form
		Right-side Hallway (facing Yuantong Road)	Paper Form
		Left-side Hallway (facing Sen-Zhi-Jun complex)	Paper Form

Note: Use of spaces around the International Conference Hall is prioritized for events held in the Conference Hall.





For detailed booking regulations, please refer to the online booking system or click the <u>link</u> provided



Building	Floor	Location Name	Booking Method
Biomedical Science & Technology Building	7 <b>F</b>	1st Meeting Room, Shuang-Ho Biomed 7F	Online System
		2nd Meeting Room, Shuang-Ho Biomed 7F	Online System
		3rd Meeting Room, Shuang-Ho Biomed 7F	Online System
		4th Meeting Room, Shuang-Ho Biomed 7F	Online System
Teaching & Research Building	8F	1st Meeting Room, Shuang-Ho TRB 8F	Online System
		2nd Meeting Room, Shuang-Ho TRB 8F	Online System
		3rd Meeting Room, Shuang-Ho TRB 8F	Online System

All spaces are free of charge for student clubs and class activities.



For detailed booking regulations, please refer to the online booking system or click the link provided

3rd Meeting Room, Shuang-Ho TRB 8F



Building	Floor	Location Name	Booking Method
Teaching & Research Building	8F	Room 1801 (Fan-shaped)	Online System
Biomedical Science & Technology Building	<b>7</b> F	Room 9701 (Lecture Hall)	Online System
		Room 9702 (Lecture Hall)	Online System
		Room 9703 (Flat Classroom)	Online System
		Room 9704 (Flat Classroom)	Online System
		Room 9705 (Multi-purpose Computer Lab)	Online System

All spaces are free of charge for student clubs and class activities.









Room 1801 (Fan-shaped), 8F, **Teaching & Research Building**  Room 9701 (Lecture Hall), 7F, Biomedical Science & Technology Building









Room 9702 (Lecture Hall), 7F, Biomedical Science & Technology Building

Room 9703 (Flat Classroom), 7F, Biomedical Science & Technology Building









Room 9704 (Flat Classroom), 7F, Biomedical Science & Technology Building

Room 9705 (Computer Lab), 7F, Biomedical Science & Technology Building

For detailed booking regulations, please refer to the online booking system or click the link provided



# Student Club Office



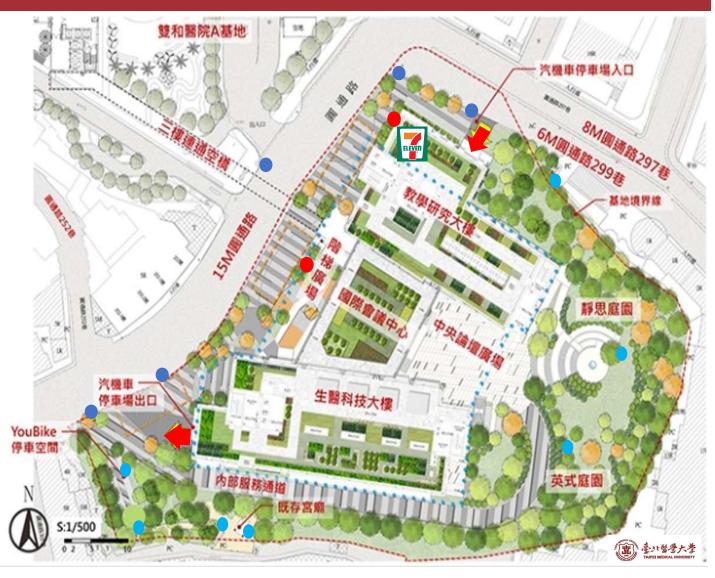


Location	Opening Hours	Eligible Users
7F, Teaching & Research Building	08:00 AM – 08:00 PM  Please adhere to the designated opening hours.  Ensure personal safety and maintain cleanliness.	<ul> <li>Healthcare Administration Student         Association Officers and Members</li> <li>Biomedical Engineering Student         Association Officers and Members</li> <li>Medical Laboratory Science and         Biotechnology Student Association         Officers and Members</li> <li>Public Health Student Association         Officers and Members</li> <li>Student Representative Council         Members</li> <li>University Student Association         Members</li> </ul>
Only registered club officers and members (via the Academic Affairs		

System) are allowed access.



#### Shuang-Ho Campus – Safety Map



Traffic Accident Personal Safety Concern Secluded Area

# Transportation



### **Recreation & Fitness**

### Biomedical Science & Technology Building

9F Fitness Center			
Capacity	50 people		
Opening Hours	Mon–Fri 11:00–15:00, 16:00–20:00 (Open outside class hours; ticket required for entry)		
Contact	02-6620-2589 ext.15994		



#### Facilities indude

- Cardio Training Area
- Weight Training Zone
- Multi-functional Aerobics/TRX Suspension Space
- Indoor Showers & Lockers

7F Aerobics Room		
Capacity	35 people	
Opening Hours	Mon–Fri 11:00–15:00, 16:00–19:30 (For non- class time use, please register at the 9F Fitness Center)	
Contact	02-6620-2589 ext.15994	
Facilities in duide		

#### Facilities indude

- Projector System
- > Table Tennis Tables
- > 1 Nintendo Switch with Ring Fit Adventure
- Lockers
- Ballet Barres & Mirror Wall
- Yoga Mats

